

Avocado and Cilantro Pesto

Fran Karoff's recipe files

Two favorites combined over pasta!

Ingredients:

- 2-3 cloves of peeled garlic
- 3-4 ripe avocados
- 3 T lemon juice
- One very generous bunch of cleaned cilantro, removed from stems
- 1/3 cup parmesan cheese

Directions:

1. In a food processor with a metal blade, process the garlic cloves.
2. With motor running, add the cilantro, avocados and lemon juice, and process for about a minute. Add some olive oil or water if you want a thinner consistency.
3. Serve on your favorite pasta with a sprinkle of parmesan.